

### Lumley Junior School Sports Premium 2018-2019

Our sports premium allowance for **2018- 2019 is £17,570** We aim to use this funding to have a lasting impact on the health and fitness of our children, by promoting healthy lifestyles, improving the teaching of PE, providing opportunities to participate in a range of competitions, to offer a range of out of school clubs and create links with local sporting clubs.

National Objective	Programme/Initiative/Action	Cost	Outcomes	Impact/Sustainability																				
<p>To improve the quality of teaching of PE.</p> <p>To provide sport related after school clubs.</p> <p>To further extend a competitive element to the PE provision, both within school and against other schools.</p> <p>To increase participation in PE.</p> <p>To provide links with local clubs outside of school.</p> <p>To engage ALL pupils in regular physical activity - kick-starting healthy active lifestyles</p> <p>To increase the confidence, knowledge and skills of all staff in teaching PE and sport</p>	<p><u>School Sport Partnership SILVER SLA Programme (2018-2019).</u></p> <p><b>SILVER PACKAGE – 20 Points.</b></p> <p>Provision of 5 buses to festivals / competitions.</p> <p>12 hours of curriculum support from a PE Specialist to support an NQT. As advised by the government PE Specialists will work alongside teachers to provide professional development and will not cover PPA.</p> <p>A 36- hour fitness &amp; health education programme (24 hours of curriculum coaching to take place on an afternoon over 12 weeks plus 12 hours of extracurricular coaching to take place afterschool).</p> <p>Weekly sessions will include junior circuit training, health &amp; nutrition workshop, children’s boxercise, smoothie bike session, fun fitness etc) coupled with an afterschool Change 4 Life / Fitness Club aimed to help schools achieve the goal of having all students active 30minutes per day. The SSP Staff member will work alongside school staff members to up skill them and will leave a resource pack.</p> <p>A Street Activities and Games Day aimed to inspire kids to go outside and play on the streets of the local community rather than playing on games consoles in the house (includes information on road safety &amp; how to play with care around the park). As</p>	<p>4 Points</p> <p>5 Points</p> <p>6 Points</p> <p>2 Points</p>	<p>Opportunities for pupils to participate in a wide range of competition against other schools.</p> <p>Pupils have access to a wide range of after school clubs led by specialist coaches.</p> <p>PE Coordinator to develop their knowledge and skills of leading and developing PE and sport within school.</p> <p>Suggestions and support on how to develop PE and sport within school.</p> <p>Opportunities to develop the skills of gifted and talented pupils.</p>	<p>Festivals / competitions attended by children 2017 – 2018. <i>To be completed at the end of the academic year.</i></p> <table border="1" data-bbox="1503 475 2152 762"> <thead> <tr> <th>Year Group</th> <th>Festival/ Competition</th> <th>No of children attended</th> <th>Year group % attended</th> </tr> </thead> <tbody> <tr> <td>Year 3</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Year 4</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Year 5</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Year 6</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	Year Group	Festival/ Competition	No of children attended	Year group % attended	Year 3				Year 4				Year 5				Year 6			
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	<p>advised by the government SSP staff will work alongside school staff to provide professional development and will not cover PPA time.</p> <p>A 'Zumba Kids' morning (Dance coach will work with 2-3 classes during the morning and give each class an introductory 40-60 minute session)</p> <p>A full day intra-school sport event to be delivered in your school by SSP staff. The full day will include an element of sports leadership training for a selected group of students, identified by the school, who will work alongside SSP staff to deliver the event.</p> <p>.</p> <p>A fully organised annual programme of competitions / tournaments and festivals in addition to the National School Games.</p> <p>Access to flagship events such as Durham Dash.</p> <p>Participation in the Durham City Primary Schools' FA Programme, including access to football leagues and 9 competitions.</p> <p>Access to All England Netball Tournaments</p> <p>Participation in Rugby League SSP Network meetings to support PE coordinator in their role developing PE and sports within school.</p> <p>Access to gifted &amp; talented multi-skills academy for Year 5 &amp; 6 children.</p> <p>Promotion and development of links to local sports clubs and organisations.</p>	<p>1 Points</p> <p>2 Points</p> <hr/> <p>20 Points</p> <p>£120</p> <p>£7</p> <p>£30</p>		
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	<p>Online catalogue of PE and Sport resources.</p> <p>Equipment library: availability of specialist equipment on a temporary loan basis.</p> <p>Online and telephone support / news / alerts.</p> <p>Intra-school virtual online competitions.</p> <p>CPD programme for staff.</p>		<p>Enhance teaching of PE by having the opportunity to access online resources and the equipment library.</p> <p>Assistant Manager of School Sports Partnership to work with NQT (12 hours of support throughout the year).</p>																																																							
<p>To improve the quality of PE teaching.</p> <p>To promote active healthy life styles.</p>	<p>Employment of specialist coaches through the School Sport Partnership to deliver after-school club for 12 weeks on Health-related Fitness.</p> <p>Access to UEFA A Skills Coach from Durham F.A.</p> <p>Teaching staff to work alongside coaches to develop their knowledge and confidence in the delivery of PE.</p> <p>Katy Daley McLean - Rugby International Assembly &amp; Workshops</p> <p>Renewal of 'Maths of the Day' Package for Years 3-6. .</p>	<p>LK Health &amp; Wellbeing SLA Package.</p> <p>£660</p> <p>£250</p> <p>£545</p>	<p>To support all staff, including: Teaching Assistants and Higher-Level Teaching Assistants with the planning, delivery and assessment of sport.</p> <p>Opportunities to lead a healthy lifestyle and to take part in a specialist sporting activity.</p> <p>Opportunities to lead a healthy lifestyle and to better prepare for events.</p> <p>Resource to be used as a tool to promote active learning, aid physical and mental wellbeing and support children to achieve a minimum of 30 minutes of daily physical activity</p>	<p><i>To be completed at the end of the academic year.</i></p> <table border="1"> <thead> <tr> <th>After School /</th> <th>Year Groups offered to</th> <th>No, of children attended</th> </tr> </thead> <tbody> <tr> <td>Tag Rugby</td> <td>5/6</td> <td></td> </tr> <tr> <td>Boys Football</td> <td>4/5/6</td> <td></td> </tr> <tr> <td>Girls Football</td> <td>4/5/6</td> <td></td> </tr> <tr> <td>Netball</td> <td>Years4 5-6</td> <td></td> </tr> <tr> <td>Athletics</td> <td>Years 5/6</td> <td></td> </tr> <tr> <td>Cross Country</td> <td>Years 5/6</td> <td></td> </tr> <tr> <td>Change 4 Life</td> <td>Years 3-6</td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td colspan="3" style="text-align: center;"><b>Lunchtime Clubs.</b></td> </tr> <tr> <td>Year 3 Football</td> <td>Year 3</td> <td></td> </tr> <tr> <td>Year 4 Football</td> <td>Year 4</td> <td></td> </tr> <tr> <td>Year 5 Football</td> <td>Year 5</td> <td></td> </tr> <tr> <td>Year 6 Football</td> <td>Year 6</td> <td></td> </tr> <tr> <td>Cross Country Training</td> <td>Year 5-6</td> <td></td> </tr> </tbody> </table>	After School /	Year Groups offered to	No, of children attended	Tag Rugby	5/6		Boys Football	4/5/6		Girls Football	4/5/6		Netball	Years4 5-6		Athletics	Years 5/6		Cross Country	Years 5/6		Change 4 Life	Years 3-6														<b>Lunchtime Clubs.</b>			Year 3 Football	Year 3		Year 4 Football	Year 4		Year 5 Football	Year 5		Year 6 Football	Year 6		Cross Country Training	Year 5-6	
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To achieve high quality PE by upskilling staff.	Supply Cover to allow staff attendance at CPD Courses.	£1000	CPD for all school staff including the PE Subject Leader.	<b><u>CPD this academic year:</u></b>																								
To provide competitive sport within school and against other schools.	<p>Intra house competitions between: Blue / Green / Red and Yellow Houses.</p> <p>To participate in inter-school competitions in a range of disciplines.</p> <p>Football Netball Rugby Athletics Swimming Multi Skills Tennis Hockey Cross Country</p> <p>Year 5/6 High 5 Netball League at our Feeder Secondary School (Park View).</p> <p>Year 5/6 Inter- Schools Football Competitions &amp; Leagues.</p>		<p>Opportunities for pupils to participate in a wide range competition against other schools. To improve motivation levels for different sports and general fitness.</p> <p>All children given the opportunity to compete in an inter-house competition</p> <p>House Captains / Vice Captains and Sports Ambassadors to develop their leadership skills supporting the running of inter -house school events and intra house competitions.</p>																									

	<p>Year 5/6 Tag Rugby League Competition.</p> <p>Year 5/6 Winter Football League. (girls and boys).</p> <p>Year 5/6 Sportshall Athletics competition</p> <p>Year 3-6 Swimming Gala</p> <p>Year 5/6 District Cross Country</p> <p>Year 5/6 Mixed Cricket competition</p> <p>Year 3-6 Durham Dash Athletics</p> <p>Year 4 / 5 Cricket Competition</p> <p>Year 5/6 Gifted and Talented Programme.</p>			
<p>To promote active healthy life styles.</p> <p>To increase participation.</p>	<p>Dance City Coaching for Year 6</p> <p>36 Hours of Health -related Fitness. 12-week programme. 24 hours curriculum health &amp; fitness sessions and weekly After School Club.</p> <p>Kensho Karate: Reality Based Self-Defence.</p> <p>Full Day Intra School Sport</p> <p>Street Activity Games Day</p> <p>Zumba Kids Morning</p>	<p>Free</p> <p>Part of SLA</p> <p>£315</p> <p>SLA</p> <p>SLA</p> <p>SLA</p>	<p>Opportunities for Year 6 pupils to receive specialist dance coaching.</p> <p>Opportunities for pupils to participate in 'non-traditional' PE activities and to promote perseverance and resilience.</p> <p>Opportunities for children to become more active during playtimes and lunchtimes.</p> <p>Opportunity for Years 3-6 children to attend a Judo Workshop.</p>	

	<p>Judo Workshop.</p> <p>Active 30 Daily Mile Initiative.</p> <p>Champions of Movement' Taster Sessions.</p> <p>High Intensity Interval training / Fitness Day and follow up sessions. (Leanne Kemp) LK Health &amp; Wellbeing</p> <p>Fit 4 the Future (online videos and resources to support Active 30 and to run alongside Daily Mile).</p> <p>Year 5 Multi-Sports Festival.</p>	<p>SLA</p> <p>No Cost Taster Day</p> <p>£200</p> <p>.£600</p> <p>SLA</p>	<p>Opportunities for pupils to participate in 'non-traditional' PE activities.</p> <p>Opportunities for all children to take part in an initiative to become more active. Pre-school activity on school field for children to take part in an initiative to become more active.</p> <p>Opportunities for children to take part in a non- traditional sport to increase their motivation levels and encourage wider participation outside of school. Abbey Sports Centre.</p> <p>Whole day of HIIT on the school field to celebrate the end of the school term and to stress the importance of cardiovascular training and the benefits to the mind and body.</p> <p>To run in conjunction with Daily Mile initiative. Use of Sports Hall from 8:30 – 8:50 daily. HIIT Training. Years 5 &amp; 6 utilise for 3 mornings Years 3&amp; 4 utilise for 2 mornings</p> <p>½ day of outdoor fitness sessions supported by staff from School Sports Partnership.</p>	
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<p>To improve the availability of outdoor fitness equipment.</p> <p>To promote active healthy life styles.</p>	<p>To enhance the opportunities to take part in in outdoor fitness learning. Purchase of Wellie Storage Equipment to enable pupils to remain active and use school field.</p> <p>Purchase of additional equipment to support the delivery of high - quality PE OPAL activities.</p> <p>Payment to OPAL Programme</p>	<p>£2400</p> <p>£803 (OPAL) + renewal of sports equipment following audit TBC</p> <p>£1925</p>	<p>Ensuring teachers and pupils are equipped with appropriate equipment to deliver and participate in high quality PE. lessons.</p> <p>Grounds to be developed for OPAL. Equipment purchased, e.g. Wellington Sheds. Storage arranged for all equipment. All children participate in OPAL and enjoy more active and more enjoyable playtimes. Equipment to be made available during playtimes.</p> <p>Pupils provided with a greater variety of opportunities to enhance fitness levels.</p>	
<p>To increase participation in PE.</p>	<p><u>Transport</u> To utilise opportunities to attend festivals and events and 5 x bus transport through the BRONZE SLA package.</p>	<p>£500 in addition to SLA support (5 buses).</p>	<p>Opportunities for pupils to participate in competition against other schools.</p>	
<p>To promote active healthy life styles.</p> <p>To increase motivation and participation in different sports.</p>	<p><u>Bikeability</u> Stabiliser free sessions – working with children who cannot ride their bike without stabilisers.</p> <p>Philip Cowler Newcastle United Football Club to provide English Intervention Programme for 15 children. 2 hours per week for 6 weeks. Autumn Term 2.</p>	<p>Free</p> <p>£500</p>	<p>Teach children to ride their bikes without stabilisers. Provide children with the confidence to ride their bike independently.</p> <p>Opportunities for 15 children to be enthused with reading and writing activities provided by NUFC English specialist. All activities to be linked to football.</p>	
<p>To promote active healthy life styles.</p> <p>To increase motivation and</p>	<p>Lunchtime and after-school fitness sessions.</p>	<p>.</p>	<p>Lunchtime and after-school fitness sessions organised to benefit children taking part in: cross country, football, athletics, cricket, tennis and netball tournaments and competitions. .</p>	

participation in different sports.			PE. display to reflect the importance of a healthy lifestyle and acknowledge children's sporting achievements. Regular updates to be provided to motivate children to take part in sporting activities. Children to write reports after competing in sporting events in the following disciplines: Rugby, Football, Netball, Cross Country, Athletics, Swimming. Reports to be displayed on the PE Noticeboard:	
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