



## Lumley Junior School - Sports Premium 2022-2023



Our sports premium allowance for **2022-2023 is £16,901.00 (+ carry forward from previous year £8121.20)**. We aim to use this funding to have a lasting impact on the health and fitness of our children, by promoting healthy lifestyles, improving the teaching of PE, providing opportunities to participate in a range of inter-school leagues and competitions, to offer a range of out of school clubs and create links with local community organisations and sports clubs.

**Swimming Analysis:** Pupils from Years 3-6 take part in weekly swimming lessons throughout the year in order to ensure that as many of them as possible reach the required expectations. The data below relates to the competencies being assessed in the academic year 2022-2023:

Swim 25 metres unaided	<b>65%</b>
Perform a range of recognised strokes	<b>57%</b>
Perform a safe, self-rescue	<b>57%</b>

<b>National Objective</b>	<b>Programme/Initiative/Action</b>	<b>Cost</b>
	<b>In 2022 – 2023, Lumley Junior School bought into the SILVER SLA Programme with the School Sports Partnership.</b>	<b>£5600</b>
To improve the quality of teaching of PE.  To provide sport related after school clubs.  To further extend a competitive element to the PE provision, both within school and	<b><u>The SILVER COVER OPTION of 20 points has been allocated as follows:</u></b> <ul style="list-style-type: none"><li>- A fully organised annual programme of competitions, tournaments and festivals provided free of charge to schools as part of a national government funded programme, in addition to School Games.</li><li>- Access to flagship events, for example, (The Durham DASH).</li><li>- Access to School Sports Partnership (SSP) Network Meetings to support P.E. Subject Leaders in their role developing P.E. and sport within school.</li><li>- Bespoke strategic support from a specialist P.E. teacher to support the development of P.E., sport, and physical activity provision in school.</li><li>- Bespoke in-school Continuous Professional Development (CPD) support from a specialist P.E. teacher, to develop the delivery of curriculum P.E.</li></ul>	

<p>against other schools.</p> <p>To increase participation in PE.</p> <p>To provide links with local clubs outside of school.</p>	<ul style="list-style-type: none"> <li>- Centrally coordinated development opportunities for staff, with free or significantly reduced cost to AfPE/NGB qualifications.</li> <li>- Core Tasks and supporting resources with ideas for activities, skills and drills for staff to use to be available on the SSP website.</li> <li>- SSP Active Bursts' videos to be accessed through the SSP website.</li> <li>- Gifted &amp; Talented (G&amp;T) programme for Year 6 children identified as showing potential sporting talent.</li> <li>- Intra-school virtual competitions (online resource).</li> <li>- Personal Best Active Challenges (online resource).</li> <li>- Online and telephone support and email news/alerts.</li> <li>- Reporting service - The SSP will provide a written report for schools to assist them with evidencing the impact of their PE and Sport Premium funding. The report will include details of services the SSP has provided to the school:</li> </ul>	
<p>To engage ALL pupils in regular physical activity - kick-starting healthy active lifestyles</p> <p>To increase the confidence, knowledge and skills of all staff in teaching PE and sport</p>	<ul style="list-style-type: none"> <li>- Support for P.E. Subject Leaders and Head teachers to ensure the information they have on their school website about their Sport Premium funding is OFSTED ready.</li> <li>- 12-hours of curriculum support from a P.E. Coach, focusing on the delivery of Gymnastics.</li> <li>- 18 hours of support by a Dance coach (12 hours of curriculum coaching to take place on an afternoon plus 6 hours of extra-curricular coaching to take place afterschool).</li> <li>- A year-long inter-house programme, which comprises of 5-day competitions in school, organised and delivered by the SSP with all results collated. This School Games Mark Intra-School Competition will provide leadership and in-school competition opportunities to support our School Games Mark application. (Sports Leaders will work alongside a member of the School Sports Partnership for the delivery of this programme).</li> <li>- An Archery Day. A member of SSP staff to spend a day in school introducing the sport to a number of classes.</li> <li>- A Quidditch Day. A member of SSP staff to spend a day in school introducing the sport to a number of classes.</li> <li>- A Zumba Kids Morning. A coach will work with 2 classes during the morning and give each class an introductory 40-60-minute session)</li> </ul>	<p>3 points</p> <p>4 points</p> <p>6 points</p> <p>2 points</p> <p>2 points</p> <p>1 point</p>



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<p>To provide sport related after school clubs / lunchtime clubs and before school fitness clubs.</p> <p>To provide links with local clubs outside of school</p>	After-school / lunchtime / before school clubs organised to support pupils in the development of key skills and to improve overall fitness levels.	See breakdown below	Pupils have the opportunity to attend a wide range of clubs to improve their confidence and skills in a variety of sporting disciplines. All clubs delivered by one of the following: a specialist coach, a Teaching Assistant, (who is a specialist in sport) or the P.E. Subject Lead.	<table><tr><th colspan="4">Clubs organised to support the development of key skills 2022-2023</th></tr><tr><th colspan="2">After School /</th><th>Year Groups</th><th>Numbers</th></tr><tr><td colspan="2">Boys' Football</td><td>Year 5/6</td><td>24</td></tr><tr><td colspan="2">Girls' Football</td><td>Year 5/6</td><td>20</td></tr><tr><td colspan="2">Girls' Netball</td><td>Year 5/6</td><td>10</td></tr><tr><td colspan="2">Boys' and Girls' Cross-Country</td><td>Year 5/6</td><td>32</td></tr><tr><td colspan="2">Multi-Skills</td><td>Year 4</td><td>20</td></tr><tr><td colspan="2">Fencing</td><td>Year 5/6</td><td>12</td></tr><tr><td colspan="2">Athletics</td><td>Year 5/6</td><td>16</td></tr><tr><td colspan="2">Cricket</td><td>Year 5</td><td>22</td></tr><tr><td colspan="2">Street Dance</td><td>Year 5/6</td><td>18</td></tr><tr><td colspan="2">Boys' and Girls' Rugby</td><td>Year 5/6</td><td>16</td></tr><tr><th colspan="4">Lunchtime Clubs</th></tr><tr><td colspan="2">Football</td><td>Year 3</td><td>28</td></tr><tr><td colspan="2">Football</td><td>Year 4</td><td>34</td></tr><tr><td colspan="2">Boys' Football</td><td>Year 5 /6</td><td>24</td></tr><tr><td colspan="2">Girls' Football</td><td>Year 5/6</td><td>16</td></tr><tr><td colspan="2">Fitness Club</td><td>Years 3-6</td><td>70</td></tr></table>	Clubs organised to support the development of key skills 2022-2023				After School /		Year Groups	Numbers	Boys' Football		Year 5/6	24	Girls' Football		Year 5/6	20	Girls' Netball		Year 5/6	10	Boys' and Girls' Cross-Country		Year 5/6	32	Multi-Skills		Year 4	20	Fencing		Year 5/6	12	Athletics		Year 5/6	16	Cricket		Year 5	22	Street Dance		Year 5/6	18	Boys' and Girls' Rugby		Year 5/6	16	Lunchtime Clubs				Football		Year 3	28	Football		Year 4	34	Boys' Football		Year 5 /6	24	Girls' Football		Year 5/6	16	Fitness Club		Years 3-6	70
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To improve the quality of PE teaching.	Employment of specialist coaches through the School Sport Partnership to deliver an after-school club for 12-weeks, focusing on health-related fitness. 36 Hours of Health - Related Fitness and weekly After-School Multi-Skills Club).	Leanne Kemp LK Health & Wellbeing Ltd £350	To support all staff, including Teaching Assistants and Higher-Level Teaching Assistants with the planning, delivery and assessment of sport.	44 children from Year 3 and 4 participated in a range of fitness activities and an after-school club, with the main focus being on keeping fit and maintaining a healthy lifestyle. This after-school club was delivered by a specialist coach and pupils, who were identified as less active or at times disengaged with school, were encouraged to participate. Children enjoyed playing games which focused on the benefits of having a healthy body and mind and all improved their overall fitness levels and mental health and wellbeing by participating.															
	Employment of a specialist coach to work alongside teachers and support staff to develop their knowledge and confidence in the delivery of high-quality P.E.	LK Health & Wellbeing Ltd £125	Opportunity to upskill primary teachers / support staff in the delivery of high-quality football coaching and to improve key skills in readiness for intra-school and inter-school competitions and festivals.	24 children from Year 5 & 6 attended after-school football training, which was delivered by a specialist coach. All sessions were organised to improve children's shooting, attacking and defending skills, in readiness for their participation in this season's league games and competitions. Sessions helped to not only improve children's footballing skills but also their overall fitness levels, teamwork and resilience in sport.															
	Employment of a specialist Cricket Coach from Burnmoor Cricket Club to work alongside	Free of charge to build interest	To support staff, including Teaching Assistants and Higher-Level Teaching Assistants with the	During children's PE. lessons in Summer term, 48 children from Year 6 benefitted from specialist Cricket coaching and practised their striking and															

<p>teachers and support staff to develop their confidence and knowledge of the delivery high-quality Cricket coaching.</p> <p>After-School Cricket Club, organised for pupils to further enhance their cricketing skills.</p>	<p>and promote Burnmoor Cricket Club to pupils. .</p>	<p>planning, delivery and assessment of Cricket.</p>	<p>fielding skills. 22 of these children further developed their skills every Thursday by attending the Year 5/6 After-School Cricket Club. Pupils were able to improve their hand-eye co-ordination, concentration, reflexes, spatial perception, sprinting and agility, throwing and catching accuracy, balance, strength and flexibility. 4 pupils have since joined Burnmoor Cricket Club – (one of these children has been selected for the County U11's Cricket Team). More recently, the club has agreed to host an annual competition, 'The Burnmoor Cup' for 3 local schools (Bournmoor Primary, Woodlea Primary and Lumley Juniors) to further build on the collaboration being forged and to encourage more children to take up cricket as a means of improving their cricketing skills and overall fitness.</p>
<p>Employment of a specialist Rugby coach to deliver a Rugby Skills After-School Club for 6 weeks to upskill pupils and prepare them for participation in the Durham and Chester-le-Street Inter-School Tag Rugby Competition.</p> <p>To support staff, including Teaching Assistants and Higher-Level Teaching Assistants with the delivery of Tag Rugby training.</p>	<p>Richie Lewis Rugby coach £450</p>	<p>To support staff, including Teaching Assistants and Higher-Level Teaching Assistants with the planning, delivery and assessment of Rugby</p>	<p>16 children from Years 5 &amp; 6 attended after-school Tag-Rugby training, which was delivered by a specialist coach. Children developed an understanding of the rules of Tag-Rugby: i.e. no backwards pass. Children also practised how to score a try and better understood the importance of width in order to attack. Children worked hard to develop their understanding of strategic and tactical play in order to beat and outwit an opponent. 10 children were selected to represent the school in the Tag-Rugby League at Park View School and some Year 6 children have shown an interest in trialling for the Rugby team, following their transition to secondary.</p>
<p>The employment of a specialist Dance Coach to deliver 12-hours of curriculum Dance coaching and a 6-week After-School Dance Club to upskill pupils and support staff, including Teaching Assistants and Higher-Level Teaching</p>	<p>SLA</p>	<p>To support staff, including Teaching Assistants and Higher-Level Teaching Assistants with the planning, delivery and assessment of Dance.</p>	<p>2 x Year 6 teachers benefitted from working with a specialist Gymnastics coach from the SSP for a total of 12 x 1-hour sessions. Staff improved their confidence by seeing the high-quality delivery of Gymnastics coaching and following the coaching, better understood how to deliver high-quality coaching to meet National Curriculum objectives. Lesson plans were adapted retrospectively</p>

	Assistants with the delivery of Dance.			following all sessions in order to enhance medium term planning. 48 children were able to improve their muscular strength, joint flexibility, balance, coordination and core strength. Other skills developed during group tasks were controlled risk taking and problem-solving.
To increase the confidence, knowledge and skills of all staff in teaching PE and sport	Supply Cover to allow staff to attend CPD Courses.	£1669.50	Opportunities for CPD for all school staff, including the PE. Subject Leader.	The PE. Coordinator has attended all PE. Coordinators' Meetings organised by the Durham and Chester-le-Street School Sports Partnership and received information regarding the development of PE and sport within school. This information has been used to enhance the use of the sports premium and to provide a range of sporting opportunities for children.
	Supply cover for CPD Capture meetings to evaluate PE delivery and up-skill staff.	£556.50		Through the delivery of specialist coaching in Football, Multi-Skills, Dance, Cricket, Gymnastics, Danish Longball and Rugby, teaching staff have had the opportunity to upskill themselves by seeing good practice modelled during PE. lessons and in after-school clubs.
	Supply cover for support staff to attend CPD linked to professional qualification.	£810		Observation of all teachers and support staff quarterly.
	Supply costs to cover accumulated hours worked by TA to deliver lunchtime clubs on an annual basis (boys' and girls' football, fitness club, sports leader club).	£1755	Opportunities for children to improve their fitness, mental health and well-being through the delivery of scheduled lunchtime clubs (indoors and outdoors)	Attendance of SSP-led CPD, delivered by Durham and Chester le Street SSP, and Sedgfield SSP, by support staff.
	12-hours of CPD to be provided by a specialist coach from the	SLA	An opportunity for 2x Year 6 teachers and 1x HLTA to receive	Over the course of a year, all children are encouraged to participate in fitness activities (these sessions are open to all pupils, not only those selected to play on sports teams and representing the school). All sessions delivered with inclusion in mind, and supported by 14 PALs (Playground Activity Leaders).
				2 x Year 6 teachers benefitted from working with a specialist Dance coach from the SSP for a total of

	SSP to support the delivery of high-quality Dance coaching		<p>CPD to improve their knowledge and delivery of high-quality Dance.</p> <p>Opportunities for pupils in Year 6 to receive specialist Dance coaching and to be encouraged to join a dance club to improve their co-ordination, core strength and cardiovascular fitness. and become more interested in Dance as a mode of fitness.</p>	<p>12 x 1-hour sessions. Staff improved their confidence by seeing the high-quality delivery of Dance linked to the KS2 National Curriculum. Lesson plans were adapted retrospectively following all sessions in order to improve medium term planning for future years.</p> <p>49 children benefitted from receiving high-quality Dance coaching, which impacted in a positive way on their co-ordination, core strength and cardiovascular fitness.</p>
To promote active healthy lifestyles.	To enhance the teaching of P.E. by accessing resources from the School Sport Partnership equipment library.	SLA	Opportunities to enhance the delivery of PE. & sport by accessing a range of resources.	Resources have been borrowed from the School Sports Partnership in order to enhance lessons, improve team building and encourage pupil motivation for sport.
	Sporting Achievements Noticeboard to be on display in school to recognise all sporting achievements, motivate pupils to become more active and to encourage participation in a wide range of sports.		Opportunities to showcase sporting success and reflect the importance of a healthy lifestyle.	<p>The Sporting Achievements Display Board is a visual reminder of the sporting activities undertaken each term. Sports Leaders were involved in taking photographs of the sporting activities in school and were motivated to write brief reports about each. Pupils enjoyed seeing pictures and write-ups displayed and appeared to feel more motivated to trial for different teams.</p> <p>Sporting Behaviour / Achievement Certificates have been awarded during Class Celebration Assemblies each Friday to acknowledge pupils who have shown determination, good sporting behaviour, as well as good sporting skills. The Head Teacher has been proactive in acknowledging all sporting achievements during these celebration assemblies.</p> <p>The school's Weduc communication system regularly posts pictures and information about the sporting achievements of our pupils to parents, carers and all those connected with the school.</p>
	The employment of a Higher - Level Teaching Assistant,	£4,999.00	Opportunities to work with teachers to support the delivery of high-	After-school sport has been regularly delivered by a former Sports Apprentice, who now works in



To promote active healthy lifestyles and to increase participation.	(HLTA) with a sports bias to work with the P.E. Subject Lead, to support the delivery of high-quality PE. and sport.  HLTA to support teachers in lessons.		quality P.E., school sport and physical activity in order to support the overall health and well-being of all pupils.	school as an HLTA and who has organised and delivered after-school sports training to up-skill children before their league matches in Football, Rugby and Netball. Other after-school sporting activities, which have focused on improving the physical fitness of our pupils, have also been delivered
	Participation in the Year 5/6 Inter-School Basketball Competition.	SLA	An opportunity for 12 pupils from Years 5/6 to participate in the Year 5/6 Inter-School Basketball Competition and apply the skills taught during lunchtime coaching sessions.	Pupils enhanced their skills and gained confidence in Basketball by competing against other schools in the Chester-le-Street area. During games, pupils improved their shooting, dribbling, passing and defending skills. Aside from these basketball related skills, pupils also improved their agility, acrobatic ability, speed and endurance.
	Participation in the Year 6 Gifted & Talented Programme organised by the School Sports Partnership/	SLA	Through participation in the Year 6 Gifted and Talented Programme, pupils will be given opportunities to improve their attainment in sport and to develop and improve a number of key skills, for example, working systematically, thinking, creativity, the ability to tackle unfamiliar situations, communication, determination, diligence, judgement and teamworking.	6 pupils from Year 6 participated in the 2022-2023 Gifted & Talented Programme. Pupils attended 2 sporting venues, namely Gateshead Stadium and Maiden Castle Sports Complex in Durham, and were able to meet like-minded pupils from other schools, participate in a range of sporting activities and improve their leadership and communication skills. Following participation in this programme, all pupils reported that their overall confidence had improve
	Participation in the Year 5/6 Boys' Football After-School Club.  Participation in league games and cup competitions organised through the Chester-le-Street Football Association.	£0 Delivered by teacher / HLTA	Opportunities for the Year 5/6 Boys' Football Team to improve their passing, dribbling, control, shooting and defending skills.  Opportunities to encourage wider participation in boys' football.	Delivered by internal staff, 16 pupils improved their passing, dribbling, defending and shooting skills and overall fitness levels by participating in a variety of skills-based training sessions
	Participation in Year 5/6 Girls' Football Team.	£0	Opportunities for Year 5/6 girls to improve their passing, dribbling,	Delivered by internal staff, 24 pupils improved their passing, dribbling, attacking, defending and

	Participation in league games and cup competitions organised through the Chester-le-Street Football Association.	Delivered by teacher / HLTA	control, shooting and defending skills with the support of a specialist coach.  Opportunities to encourage wider participation in girls' football.	shooting skills and overall fitness levels by participating in a variety of skills-based training sessions. Improved skills, confidence and resilience were evident during all league games.
	Participation in the Year 5/6 Girls' Netball Team.  Participation in league games and cup competitions organised through the Chester-le-Street Netball Association.	£0 Delivered by teaching staff.	Opportunities for Year 5/6 girls to improve their passing, dribbling, control, shooting and defending skills.  Opportunities to encourage wider participation in girls' netball.	Delivered by teaching staff, 16 pupils from Years 5/6 participated in after-school training sessions in preparation for the Year 5 and Year 6 Netball Leagues. Pupils improved their passing, attacking, defending and shooting skills and overall fitness levels. As team skills improved, pupils' confidence and resilience 'shone' through when applying their skills in a competitive game situation against other schools
	'Active 30' Daily Mile Initiative in the ballpark / JumpStart Jonny (High Intensity Interval Training) in the school hall / Dance sessions on the playground.	£0 Delivered by staff	'Active 30' initiatives to promote active learning, aid physical and mental wellbeing and support children to achieve a minimum of 30 minutes of daily physical activity during school hours.	Pre-school activities have been offered to all 179 children, in an attempt to not only improve their cardiovascular fitness, but also their mental health and wellbeing. At 8:30am each morning, children have participated in either JumpStart Jonny High Intensity Interval Training Sessions in the school hall or The Daily Mile in the ballpark or Dance sessions on the playground. Participating in a choice of fun, pre-school activities has helped to improve children's cardio-vascular fitness levels. All teachers have reported that children have been more alert in class, ready to learn and have appeared more positive in general about being in school.
	Participation in the Year 5/6 District Athletics Championships organised by the School Sports Partnership.	SLA	Opportunities for pupils to represent the school and compete against other schools from the Durham and Chester-le-Steet area in an Inter-School District Athletics Competition.	18 pupils represented the school in Track and Field events. 3 pupils went on the represent the school in the County Championships at Shildon Athletics Track. All pupils improved their running, jumping and throwing skills, as well as their confidence when performing in front of spectators. Some pupils were motivated to join athletics clubs to further improve their skills.

	A 5-Week After-School Fencing Club, delivered by a qualified Coach	£120	Opportunities for pupils to take part in a non – traditional sport to improve their confidence, resilience and team skills.	At the end of the 5-week training programme, 12 children were able to showcase their Fencing skills via a 45-minute demonstration in front of parents / carers. Over the course of the term, pupils demonstrated improved confidence, resilience and teamworking skills through participation in this non-traditional sport.
	Zumba Fitness Sessions	SLA	Taster sessions aimed at inspiring pupils to enjoy fitness sessions that involve cardio and Latin-inspired dance.	46 pupils from Year 5 benefited from the expertise of a specialist Dance coach and enjoyed learning how to dance Zumba style. Pupils were encouraged to continue learning to dance outside of school.
	Playground / Sports Leader Training	SLA	12 x Year 6 Playground / Sports Leaders to receive training to develop their confidence in organising games and activities during break times.	Playground Leaders received 2 x half-day training sessions from a member of the School Sports Partnership. All pupils improved their organisation, leadership and communication skills and were able to apply their new-found skills during intra-house competitions / Infant School sports events, SSP Fitness Days and SSP Multi-Sports Festivals. Positive feedback from staff has further improved the confidence levels of all Playground Leaders.
	Street Activities and Games Days.	£420 A.E. Coaching Ltd.	Activity days aimed at inspiring pupils to go outside and play on the streets of the local community, rather than play on games consoles in their homes. (Includes information on road safety & how to play with care at key locations within the area, (parks / community centres etc.).	All 179 Children worked with coaches to practise traditional games that can be played outside and in the street, such as Infinity, Canon, Chicken Run and Fortress. As all games require little or no equipment, children have been encouraged to play them in the street in order to improve their overall fitness levels and to take the opportunity to spend more time outside in the fresh
	5 x half days of Intra events throughout the school year. SSP staff to work alongside school staff / teachers to deliver an Intra - school year-long activity sports programme on the school site.	SLA Inter-School Competitive Sport	Opportunities for pupils from Years 3-6 to develop their skills in a range of sporting disciplines aimed at enhancing their interest in sport.	All 179 children have had the opportunity to take part in an intra-house activity to earn points for their House colour and bring in a competitive element to intra-school sport. A member of the School Sports Partnership delivered; Dodgeball, Danish Longball and Cross-Country in a competitive environment and all children were

				very motivated to earn points and enjoyed the competitive nature of the activities, which were delivered over 5 terms.
	Team Building Activity Days	SLA	An opportunity to complete a range of tasks to build resilience and team skills.	48 children benefitted from practising their teambuilding skills and resilience when working together.
	Quidditch Activity Day,	SLA	An opportunity for pupils in Year 4 to work with a specialist coach to learn the skills associated with the game of Quidditch, which features in the reading of their class novel, Harry Potter and the Philosopher's Stone.	44 pupils enjoyed a Quidditch activity day linked to their reading of the class novel, Harry Potter and the Philosopher's Stone. Pupils were taught the rules of the game and then applied the rules in game situations.
	Durham & Chester-le-Street District Swimming Gala	SLA	An opportunity for pupils to showcase their swimming skills by competing in an inter-school competition organised by the School Sports Partnership. Pupils compete against other schools in the Durham and Chester-le-Street area in both individual and team races.	24 pupils from Years 3-6 took part in this competition. Races required children to use a range of swimming strokes, (front crawl, back stroke, breast stroke and freestyle). All pupils were able to demonstrate good swimming technique in their individual races.
	Gymnastics Carousel	SLA	An opportunity for Year 4 pupils to practise their gymnastics skills in a carousel / festival format. using a range of gymnastic equipment.	22 children improved their core skills, strength and flexibility by using a range of gymnastic equipment, such as trampolines, beams and gymnastic mats.
	Sportshall Athletics	SLA	<p>This SSP team competition provides pupils with the opportunity to showcase their skills in a maximum of 2 track and 2 field events as follows:</p> <p>On the track – Obstacle Relay, Over/Under Relay, 4 by 1 lap, 2 by 1 lap, 2 by 2 lap and the 6 lap paarlauf (2 runners to run 6 laps between them)</p> <p>Field Events – Chest Push, Soft Javelin, Standing Long Jump, Standing Triple Jump, Vertical Jump and Speed Bounce.</p>	24 children took part in Sportshall Athletics, which consisted of range of running, jumping and climbing activities in a competitive sports hall environment. Children improved their stamina, cardio-vascular fitness and overall teamworking skills by competing against other schools in the Durham & Chester-le-Street area.

	Year 3 Yoga Sessions.	SLA	<p>An opportunity for Year 3 pupils to work on the following key skills:</p> <ul style="list-style-type: none"> <li>• an awareness of their own bodies and how they move</li> <li>• Self-regulation skills</li> <li>• Relaxation skills</li> <li>• Imagination &amp; creativity</li> <li>• Communication &amp; confidence</li> <li>• Persistence</li> <li>• Teamwork</li> <li>• Resilience &amp; ability to deal with change</li> </ul>	39 children from Year 3 benefitted from Yoga sessions, which helped children to feel relaxed and calm. Teachers reported that pupils' general behaviour improved following each session.
	Year 4 Team Building and Problem-Solving Festival	SLA	An opportunity for pupils in Year 4 to Practise the skills associated with team-building and problem-solving.	44 children from Year 4 practised their teamworking and problem-solving skills through a range of activities. The importance of working together to achieve a goal was the main focus of the festival – a skill many children needed to improve since returning to school following Covid-19.
	Archery Taster Day	SLA	An opportunity for Year 5 pupils to practise the skills of this non-traditional sport.	46 children were introduced to the skills associated with this non-traditional sport. They practised their balance and coordination and accuracy when shooting. Following the sessions, children better understood the requirement for precision, good concentration and posture.

	Hoopstarz Taster Day	£264.00	An opportunity for all pupils to practise the skills of hula-hooping and receive specialist coaching to be able to put the skills into practise during break times.	This activity offered pupils and alternative way of keeping fit by using a Hula Hoop. Children benefitted from this cardio-vascular workout and built their self-esteem via this non-traditional sport.
	Mini-Tennis Festival	SLA	An opportunity for pupils in Year 4 to work with specialist coaches to practise the skills associated with Mini-Tennis and take part in an inter-school festival and be encouraged to join a local club to further develop their skills.	44 children from Year 4 enjoyed practising their tennis skills. Children practised how to catch a ball when moving, how to control a ball on their racket when moving and how to hit a ball when moving. All children reported feeling more confidence at the end of the festival.
	Quadkids Athletics Competition	SLA	An opportunity for pupils in Years 5 and 6 to take part in an inter-school athletics competition and work with specialist coaches to practise a range of athletics skills and be encouraged to join a local club to further develop these skills.	44 children took part in a range of 'Track' and 'Field' events during this this Athletics-based competition involving schools from the Durham and Chester-le-Street area. All children demonstrated great teamwork and reported feeling more confident and skilful at the end of the competition.
Transport Costs	Transport costs for buses to and from festivals and competitions.	£2510		Buses were used to transport children to sporting events.
Additional Sports-related Spending	<ul style="list-style-type: none"> <li>- Playground Activity Zones Signage.</li> <li>- Replenishment of sports equipment</li> <li>- Renewal of JumpStart Jonny HIIT Fitness Videos</li> </ul>	£954.00  £180.00  £239.00		Playground signage was ordered to brighten up the playground and to break it into zones for different sporting activities. This visible and eye-catching signage has encouraged children to join in with activities organised by the Playground Leaders.
Existing Links with Local Clubs.	<ul style="list-style-type: none"> <li>- Durham &amp; Chester-le-Street School Sports Partnership</li> <li>- Sedgefield School Sports Partnership</li> </ul>			Links with local clubs continue to be fostered in order to enhance the sports on offer in school and to encourage specialist coaches to come into school to deliver sessions which focus on their area of expertise.

	<ul style="list-style-type: none"> <li>- Durham &amp; Chester-le-Street Football Association.</li> <li>- Durham &amp; Chester-le-Street Netball Association.</li> <li>- Sunderland Rugby Club.</li> <li>- Riverside Sports Complex (Athletics)</li> <li>- Park View Secondary School</li> <li>- The Vixens Netball Club, Durham</li> <li>- Durham Gymnastics Club</li> <li>- Freeman's Quay Swimming Club</li> <li>- Phoenix Fencing Club, Durham</li> <li>- L.K. Health &amp; Wellbeing Ltd.</li> <li>- A.E. Coaching Ltd.</li> <li>- Bournmoor Cricket Club</li> <li>- Durham County Cricket Club</li> </ul>			
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