



Lumley Junior School - Sports Premium 2023-2024



Our sports premium allowance for **2023-2024 is £16,901.00 (+ carry forward from previous year £3886.70)**. We aim to use this funding to have a lasting impact on the health and fitness of our children, by promoting healthy lifestyles, improving the teaching of PE, providing opportunities to participate in a range of inter-school leagues and competitions, to offer a range of out of school clubs and create links with local community organisations and sports clubs.

Swimming Analysis: Pupils from Years 3-6 take part in weekly swimming lessons throughout the year in order to ensure that as many of them as possible reach the required expectations. The data below relates to the competencies being assessed in the academic year 2022-2023:

Swim 25 metres unaided	
Perform a range of recognised strokes	
Perform a safe, self-rescue	

National Objective	Programme/Initiative/Action	Cost
	In 2023 – 2024, Lumley Junior School bought into the SILVER SLA Programme with the School Sports Partnership.	£5800
To improve the quality of teaching of PE. To provide sport related after school clubs. To further extend a competitive element to the PE provision, both within school and	<u>The SILVER COVER OPTION has been allocated as follows:</u> <ul style="list-style-type: none">- A fully organised annual programme of competitions, tournaments and festivals provided free of charge to schools as part of a national government funded programme, in addition to School Games.- Access to flagship events, for example, (The Durham DASH).- Access to School Sports Partnership (SSP) Network Meetings to support P.E. Subject Leaders in their role developing P.E. and sport within school.- Bespoke strategic support from a specialist P.E. teacher to support the development of P.E., sport, and physical activity provision in school.- Bespoke in-school Continuous Professional Development (CPD) support from a specialist P.E. teacher, to develop the delivery of curriculum P.E.	

<p>against other schools.</p> <p>To increase participation in PE.</p> <p>To provide links with local clubs outside of school.</p>	<ul style="list-style-type: none"> - Centrally coordinated development opportunities for staff, with free or significantly reduced cost to AfPE/NGB qualifications. - Core Tasks and supporting resources with ideas for activities, skills and drills for staff to use to be available on the SSP website. - SSP Active Bursts' videos to be accessed through the SSP website. - Gifted & Talented (G&T) programme for Year 6 children identified as showing potential sporting talent. - Intra-school virtual competitions (online resource). - Personal Best Active Challenges (online resource). - Online and telephone support and email news/alerts. - Reporting service - The SSP will provide a written report for schools to assist them with evidencing the impact of their PE and Sport Premium funding. The report will include details of services the SSP has provided to the school: 	
<p>To engage ALL pupils in regular physical activity - kick-starting healthy active lifestyles</p> <p>To increase the confidence, knowledge and skills of all staff in teaching PE and sport</p>	<ul style="list-style-type: none"> - Support for P.E. Subject Leaders and Head teachers to ensure the information they have on their school website about their Sport Premium funding is OFSTED ready. - 12-hours of curriculum support from a P.E. Coach, focusing on the delivery of Gymnastics. - A year-long inter-house programme, which comprises of 5-day competitions in school, organised and delivered by the SSP with all results collated. This School Games Mark Intra-School Competition will provide leadership and in-school competition opportunities to support our School Games Mark application. (Sports Leaders will work alongside a member of the School Sports Partnership for the delivery of this programme). - A Zumba Kids Morning. A coach will work with 2 classes during the morning and give each class an introductory 40-60-minute session) - Playground Leadership Training - A member of the SSP will spend a morning training and up-skilling playground leaders and then support them with the delivery of activities and organised games. All activities will help to improve fitness levels teamwork and resilience during lunch and breaktimes in school. - Basketball Competition Preparation - two half-day sessions to prepare Y5/6 pupils to take part in the SSP competition. The content will consist of coaching and an explanation of the rules, an Intra-School Competition and support to help staff in selecting pupils who should attend competition to represent the school. 	

	<ul style="list-style-type: none">- School Games Mark Intra-School Competition - to support leadership and in-school competition opportunities. This programme of events will help with the School Games Mark application. It will consist of 1 full day and 4 half-days of SSP support.- Outdoor Adventurous Activity /Team Building -1 full day of coaching by a member of staff from the SSP to develop children’s OAA skills.- Ultimate Frisbee Day - A member of SSP staff will spend a day in school to introduce the sport to a number of classes.- Handball Day - A member of SSP staff will spend a day in school to introduce the sport to a number of classes.						
National Objective	Programme / Initiative / Action	Cost	Outcomes	Impact / Sustainability			
To further extend a competitive element to the PE provision, both within school and against other schools.	Children to compete against other schools within Chester-le-Street and in wider Durham and Tyne & Wear areas. League games / competitions and festivals organised in a variety of sporting disciplines by the Durham & Chester-le-Street School Sports Partnership and by the Durham & Chester-le-Street Schools’ Football Association and the Durham & Chester-le-Street Schools’ Netball Association.	Fees for league and competition entry to Durham & Chester-le-Street Schools’ Football Association £100 Fees for league and competition entry to Durham & Chester-le-Street Schools’ Netball Association. £30	Opportunities for pupils to participate in a wide range of competitions / festivals against other schools. Opportunities for the P.E. Subject Lead to develop children’s knowledge and skills when leading and developing P.E. and sport within school.	Festival / Competition / League Participation 2023-2024			
				Year Group	Festival/ Competition	No of children	Year group %
				Year 3/4	Boys’ Football		
				Year 3/4	SSP Intra-School Events		
				Year 4	Mini-Tennis		
				Year 5/6	SSP Intra-School Events		
				Year 5/6	Girls’ Football League		
				Year 5/6	Boys’ Football League		
				Year 6	Basketball		

				<table><tr><td>Year 5/6</td><td>District Cross Country</td><td></td><td></td></tr><tr><td>Year 5/6</td><td>District Athletics Competition</td><td></td><td></td></tr><tr><td>Year 6</td><td>G & T Programme</td><td>4</td><td></td></tr><tr><td>Years 3-6</td><td>Swimming Gala</td><td></td><td></td></tr><tr><td>Year 5</td><td>Girls' Netball League</td><td></td><td></td></tr><tr><td>Year 6</td><td>Girls' Netball League</td><td></td><td></td></tr><tr><td>Year 5/6</td><td>Girls' and Boys' Tag Rugby</td><td></td><td></td></tr><tr><td>Years 3-6</td><td>Durham Dash</td><td></td><td></td></tr></table>	Year 5/6	District Cross Country			Year 5/6	District Athletics Competition			Year 6	G & T Programme	4		Years 3-6	Swimming Gala			Year 5	Girls' Netball League			Year 6	Girls' Netball League			Year 5/6	Girls' and Boys' Tag Rugby			Years 3-6	Durham Dash																										
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<p>To provide sport related after school clubs / lunchtime clubs and before school fitness clubs.</p> <p>To provide links with local clubs outside of school</p>	After-school / lunchtime / before school clubs organised to support pupils in the development of key skills and to improve overall fitness levels.	See breakdown below	Pupils have the opportunity to attend a wide range of clubs to improve their confidence and skills in a variety of sporting disciplines. All clubs delivered by one of the following: a specialist coach, a Teaching Assistant, (who is a specialist in sport) or the P.E. Subject Lead.	<table><tr><th colspan="4">Clubs organised to support the development of key skills 2022-2023</th></tr><tr><th colspan="2">After School /</th><th>Year Groups</th><th>Numbers</th></tr><tr><td colspan="2">Boys' Football</td><td>Year 5/6</td><td></td></tr><tr><td colspan="2">Girls' Football</td><td>Year 5/6</td><td></td></tr><tr><td colspan="2">Girls' Netball</td><td>Year 5/6</td><td></td></tr><tr><td colspan="2">Boys' and Girls' Cross-Country</td><td>Year 5/6</td><td></td></tr><tr><td colspan="2">Multi-Skills</td><td>Year 4</td><td></td></tr><tr><td colspan="2">Fencing</td><td>Year 5/6</td><td></td></tr><tr><td colspan="2">Athletics</td><td>Year 5/6</td><td></td></tr><tr><td colspan="2">Cricket</td><td>Year 5</td><td></td></tr><tr><td colspan="2">Dance</td><td>Year 5/6</td><td></td></tr><tr><td colspan="2">Boys' and Girls' Rugby</td><td>Year 5/6</td><td></td></tr><tr><td colspan="2">Table Tennis</td><td>Year 6</td><td>12</td></tr><tr><td colspan="4">Lunchtime Clubs</td></tr></table>	Clubs organised to support the development of key skills 2022-2023				After School /		Year Groups	Numbers	Boys' Football		Year 5/6		Girls' Football		Year 5/6		Girls' Netball		Year 5/6		Boys' and Girls' Cross-Country		Year 5/6		Multi-Skills		Year 4		Fencing		Year 5/6		Athletics		Year 5/6		Cricket		Year 5		Dance		Year 5/6		Boys' and Girls' Rugby		Year 5/6		Table Tennis		Year 6	12	Lunchtime Clubs			
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	Employment of a specialist Cricket Coach from Burnmoor Cricket Club to work alongside teachers and support staff to develop their confidence and knowledge of the delivery high-quality Cricket coaching. After-School Cricket Club, organised for pupils to further enhance their cricketing skills.	£.	To support staff, including Teaching Assistants and Higher-Level Teaching Assistants with the planning, delivery and assessment of Cricket.	.																														
	Employment of a specialist Rugby coach to deliver a Rugby Skills After-School Club for 6 weeks to upskill pupils and prepare them for participation in the Durham and Chester-le-Street Inter-School Tag Rugby Competition.	Richie Lewis Rugby coach	To support staff, including Teaching Assistants and Higher-Level Teaching Assistants with the planning, delivery and assessment of Rugby																															

	To support staff, including Teaching Assistants and Higher-Level Teaching Assistants with the delivery of Tag Rugby training.			
To increase the confidence, knowledge and skills of all staff in teaching PE and sport	Supply Cover to allow staff to attend CPD Courses.	£	Opportunities for CPD for all school staff, including the PE. Subject Leader.	
	12-hours of CPD to be provided by a specialist coach from the SSP to support the delivery of high-quality Gymnastics coaching.	SLA	<p>An opportunity for 2x Year 6 teachers and 1x HLTA to receive CPD to improve their knowledge and delivery of high-quality Gymnastics.</p> <p>Opportunities for pupils in Year 6 to receive specialist Gymnastics coaching and to be encouraged to join a Gymnastics club to improve their co-ordination, core strength and cardiovascular fitness. and become more interested in Gymnastics as a mode of fitness.</p>	
To promote active healthy lifestyles.	To enhance the teaching of P.E. by accessing resources from the School Sport Partnership equipment library.	SLA	Opportunities to enhance the delivery of PE. & sport by accessing a range of resources.	
	Sporting Achievements Noticeboard to be on display in school to recognise all sporting achievements, motivate pupils to become more active and to encourage participation in a wide range of sports.		Opportunities to showcase sporting success and reflect the importance of a healthy lifestyle.	
To promote active healthy lifestyles and to	The employment of a Higher - Level Teaching Assistant, (HLTA) with a sports bias to		Opportunities to work with teachers to support the delivery of high-quality P.E., school sport and	

increase participation.	work with the P.E. Subject Lead, to support the delivery of high-quality PE. and sport. HLTA to support teachers in lessons.		physical activity in order to support the overall health and well-being of all pupils.	
	Basketball Competition Preparation	SLA	Opportunities for two, half-day sessions to prepare Y5/6 pupils to take part in the SSP Basketball competition and to prepare them to compete against schools within the Chester-le-Street and Durham area. Pupils selected for the team will take part in coaching sessions involving an explanation of the rules and an Intra-School Competition;	
	Participation in the Year 5/6 Inter-School Basketball Competition.	SLA	An opportunity for 16 pupils from Years 5/6 to participate in the Year 5/6 Inter-School Basketball Competition and apply the skills taught during lunchtime coaching sessions.	
	Participation in the Year 6 Gifted & Talented Programme organised by the School Sports Partnership/	SLA	Through participation in the Year 6 Gifted and Talented Programme, 4 pupils will be given opportunities to improve their attainment in sport and to develop and improve a number of key skills, for example, working systematically, thinking, creativity, the ability to tackle unfamiliar situations, communication, determination, diligence, judgement and teamworking.	
	Participation in the Year 5/6 Boys' Football After-School Club.	£ Delivered by teacher / HLTA	Opportunities for the Year 5/6 Boys' Football Team to improve their passing, dribbling, control, shooting and defending skills.	

	Participation in league games and cup competitions organised through the Chester-le-Street Football Association.		Opportunities to encourage wider participation in boys' football.	
	Participation in Year 5/6 Girls' Football Team. Participation in league games and cup competitions organised through the Chester-le-Street Football Association.	£ Delivered by teacher / HLTA	Opportunities for Year 5/6 girls to improve their passing, dribbling, control, shooting and defending skills with the support of a specialist coach. Opportunities to encourage wider participation in girls' football.	
	Participation in the Year 5/6 Girls' Netball Team. Participation in league games and cup competitions organised through the Chester-le-Street Netball Association.	£ Delivered by teaching staff.	Opportunities for Year 5/6 girls to improve their passing, dribbling, control, shooting and defending skills. Opportunities to encourage wider participation in girls' netball.	
	'Active 30' Daily Mile Initiative in the ballpark / JumpStart Jonny (High Intensity Interval Training) in the school hall / Dance sessions on the playground.	£0 Delivered by staff	'Active 30' initiatives to promote active learning, aid physical and mental wellbeing and support children to achieve a minimum of 30 minutes of daily physical activity during school hours.	
	Multi-Sports Festival	SLA	An opportunity to promote an active and healthy lifestyle and improve coordination and interest in sport,	
	Participation in the Year 5/6 District Athletics Championships organised by the School Sports Partnership.	SLA	Opportunities for pupils to represent the school and compete against other schools from the Durham and Chester-le-Steet area in an Inter-School District Athletics Competition.	
	A 5-Week After-School Fencing Club, delivered by a qualified Coach	£	Opportunities for pupils to take part in a non – traditional sport to	

			improve their confidence, resilience and team skills.	
	Zumba Fitness Sessions	SLA	Taster sessions aimed at inspiring pupils to enjoy fitness sessions that involve cardio and Latin-inspired dance.	
	Playground / Sports Leader Training	SLA	15 x Year 6 Playground / Sports Leaders to receive training to develop their confidence in organising games and activities during break times.	
	Street Activities and Games Days.	£ A.E. Coaching Ltd.	Activity days aimed at inspiring pupils to go outside and play on the streets of the local community, rather than play on games consoles in their homes. (Includes information on road safety & how to play with care at key locations within the area, (parks / community centres etc.).	
	Team Building Activity Days	SLA	An opportunity to complete a range of tasks to build resilience and team skills.	
	Durham & Chester-le-Street District Swimming Gala	SLA	An opportunity for pupils to showcase their swimming skills by competing in an inter-school competition organised by the School Sports Partnership. Pupils compete against other schools in the Durham and Chester-le-Street area in both individual and team races.	.
	Gymnastics Carousel	SLA	An opportunity for Year 4 pupils to practise their gymnastics skills in a carousel / festival format. using a range of gymnastic equipment.	

	Inter-School Cross Country Competitions.	£	Opportunities for Year 5/6 pupils to take part in competitions organised by the SSP and to represent the school at the Durham and Chester-le-Street District Cross-Country Championships.	
	Table Tennis After-School Club	£125	Opportunities to employ a specialist coach to teach the skills associated with table tennis.	
	Bikeability Sessions	£	Opportunities for children to be taught the practical skills necessary to ride a bike safely on the road.	
	Sportshall Athletics	SLA	<p>This SSP team competition provides pupils with the opportunity to showcase their skills in a maximum of 2 track and 2 field events as follows:</p> <p>On the track – Obstacle Relay, Over/Under Relay, 4 by 1 lap, 2 by 1 lap, 2 by 2 lap and the 6 lap paarlauf (2 runners to run 6 laps between them)</p> <p>Field Events – Chest Push, Soft Javelin, Standing Long Jump, Standing Triple Jump, Vertical Jump and Speed Bounce.</p>	
	Yoga Sessions.	£	<p>An opportunity for Year 3 pupils to work on the following key skills:</p> <ul style="list-style-type: none"> • an awareness of their own bodies and how they move • Self-regulation skills • Relaxation skills 	

			<ul style="list-style-type: none"> • Imagination & creativity • Communication & confidence • Persistence • Teamwork • Resilience & ability to deal with change 	
	Handball Day	SLA	Opportunities for a member of SSP staff to spend a day in school introducing the sport to a number of classes.	
	School Games Mark Intra-School Competition 5 x half days of Intra events throughout the school year. SSP staff to work alongside school staff / teachers to deliver an Intra - school year-long activity sports programme on the school site.	SLA	An opportunity for children from all classes to take part in this programme of events (which will consist of 1 full day and 4 half-days of SSP support) to improve leadership and in-school competition opportunities and develop their interest in team sports.	
	Ultimate Frisbee Day	SLA	An opportunity for all children to be introduced to this sport and for staff from the SSP to spend a day in school teaching the skills.	
	Outdoor Adventurous Activity Team Building Day	SLA	An opportunity to develop children's OAA skills.	
	Mini-Tennis Festival	SLA	An opportunity for pupils in Year 4 to work with specialist coaches to practise the skills associated with Mini-Tennis and take part in an inter-school festival and be encouraged to join a local club to further develop their skills.	

	Quadkids Athletics Competition	SLA	An opportunity for pupils in Years 5 and 6 to take part in an inter-school athletics competition and work with specialist coaches to practise a range of athletics skills and be encouraged to join a local club to further develop these skills.	
Transport Costs	Transport costs for buses to and from festivals and competitions.	£		
Additional Sports-related Spending	<ul style="list-style-type: none"> - Replenishment of sports equipment - Renewal of JumpStart Jonny HIIT Fitness Videos 	£ £		
Existing Links with Local Clubs.	<ul style="list-style-type: none"> - Durham & Chester-le-Street School Sports Partnership - Sedgefield School Sports Partnership - Durham & Chester-le-Street Football Association. - Durham & Chester-le-Street Netball Association. - Sunderland Rugby Club. - Riverside Sports Complex (Athletics) - Park View Secondary School - The Vixens Netball Club, Durham - Durham Gymnastics Club - Freeman's Quay Swimming Club - Phoenix Fencing Club, Durham 			

	<ul style="list-style-type: none">- Durham City Table Tennis Club- L.K. Health & Wellbeing Ltd.- A.E. Coaching Ltd.- Bournmoor Cricket Club- Durham County Cricket Club			
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